

# MENTAL DISTRACTION RATING SYSTEM

*Even with eyes on the road and hands on the wheel, mental distractions can dangerously affect drivers.*

## Mild Danger

**Example:** Listening to the radio or an audio book

## Moderate Danger

**Example:** Talking on a hand-held phone or a hands-free phone

## High Danger

**Example:** Using voice-activated texting or email feature



# *Eyes on the road. Hands on the wheel. Mind on the task of driving.*

## **WHAT WE KNOW**

Mental distractions dangerously affect drivers. Just because their eyes are on the road and hands are on the wheel doesn't mean they're safe. Hands-free is not risk-free!

## **WHAT IT MEANS**

Car technologies can distract drivers—hands-free and voice-command features unintentionally can give motorists false security about their safety behind the wheel.

## **WHAT AAA IS DOING**

AAA is dedicated to promoting road safety and reducing driver distraction through research, public education and collaboration with automakers to reduce the impact.

TeenDriving.AAA.com



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